

February 2012

To: All Parents/Guardians

From: Mrs. Stavroula Salouros, Physical Education Teacher

All students, grades 1-5, will begin their swimming unit on **Monday, March 26th**. All students need an **updated health form on file** in the Nurse's office. Students will **NOT** be able to participate without an updated health form. Students needing an updated physical will be notified immediately. Some students may still need to complete this task as soon as possible so we can have full participation and success. The designated **due date** for the physical form is **March 19th 2012**.

Students will need certain supplies during the swimming unit. Some of these include:

- ❖ A bathing suit (one piece for the girls)
- ❖ A swim cap
- ❖ Flip flops
- ❖ A towel or bathrobe
- ❖ Goggles (if needed)
- ❖ Other toiletries that students need so to clean-up after swimming.

Because of the age level, we encourage students to **refrain** from shampooing their hair. Please try to obtain these items, label them, and place them in a marked bag, and send them with your child on the assigned swimming day. Students need to be responsible in remembering their swimming supplies, as they will be **graded** on their readiness to participate. Please keep in mind that forgetting to have certain swimming supplies may result in the student **NOT** participating in the day's lesson since the supplies are required for **hygiene safety**.

I thank you all for your support and cooperation, and I look forward to having fun in the pool!

